

wellbeing  
people



# TAKE A FREE HEALTH MOT!

The FREE Health MOT Roadshow coming to Cross Park Pavilion, Allhallows on Tuesday 21<sup>st</sup> September from 10:00 – 14:00. Please come and say hello to the team and have a free Health check.

Make your wellbeing a priority!

Find out your Wellbeing Age™ and more...

